

The Nature and Source of Jyorei

There are several organizations in the world other than Shumei who also study the works of Meishusama and who also practice Jyorei, each with different approaches or different techniques for directing energy. In this book, we are expounding on Jyorei as practiced by Shumei, which puts greater emphasis on a person's attitude and consciousness rather than on elaborate techniques and procedures.

Although there may be positive benefits from using the more elaborate Jyorei procedures, there are also advantages to Shumei's simpler approach, which humbly relies on the highest power in the universe to effect change. Our human intelligence is quite limited in comparison with that of our Creator, and therefore, by putting our trust in this Higher Intelligence, we do not need to concern ourselves with having to diagnose people or to create customized healing procedures for them. By surrendering our personal will to Divine Will, we become aligned with the ultimate source of Jyorei, which is also the ultimate source of life itself.

Interest in spiritual matters is becoming increasingly popular in modern society. Among the topics of interest, the subject of spiritual healing is drawing special attention, perhaps because it is experiential as well as practical. Some of the more popular forms of spiritual healing are Reiki, Chi Kung, Mahikari, faith healing, and laying on of hands. Although these techniques all deal with transmitting energy, there are also some fundamental differences between them.

Within the electromagnetic frequency spectrum there are many different types of energy, such as microwaves, X-rays, gamma rays, radio waves, ultraviolet rays, infrared rays, and cosmic rays. What they have in common is all are forms of pulsating energy. Yet scientific instruments can detect significant variations in the qualities and functionalities of these types of energies.

Light is something invisible that, through vibration, makes all things visible. To see something, we must shine light on it. But the light itself remains invisible, no matter how bright it is. We can only know light by what it does, not by what it is. Despite all the scientific explanations, light's fundamental nature is still a mystery cloaked in brightness.

Our eyes can only see light indirectly by its reflection off of physical objects. Along with the familiar spectrum of colors that most of us can see, there are also other colors that we cannot see, such as infrared and ultraviolet. These latter two colors differ from the colors of the visible spectrum because they vibrate at different rates of speed. Similarly, it would be hard to transmit radio and television signals using X-rays or gamma rays because both of those are the wrong frequencies of energy for broadcasting the signals. Again, these examples merely stress the differences between various types of energy, regardless of whether they are physical or spiritual in nature.

From the highest perspective, it can be said that everything, including the energies of the electromagnetic frequency spectrum, originates from Spirit. Meishusama writes, "The true nature of the Spirit is this: it is the fundamental source of all energy and it is the directing power behind the creation, movements, activities, and changes of every single thing in this vast and infinite universe." (*Natural Power. HT*) Spiritual energy emerges directly from pure Spirit, whereas physical phenomena emerge only indirectly from Spirit, with many intermediate causes or sources in between. In other words, the things of

this world have many levels of origination, depending on how dense, complex, or artificial they are. For example, although sunlight, like all things, ultimately comes from Spirit, its more immediate source is the sun. The sun is the material source of sunlight, and Spirit is the immaterial source of them both. In the case of water from a faucet, the local river is the relative, or material source, whereas Spirit is the ultimate or immaterial source. The purer the spiritual energy, the closer it is to Source, and therefore, the more it mirrors the qualities of Spirit.

Some people have asked whether Jyorei and Reiki are similar or possibly even the same energy. Both are described as originating directly from Spirit, without any significant, intermediate sources in between (such as the sun, which is the intermediate source of sunlight, or a kitchen faucet, which is the intermediate source of tap water). In truth, everything originates from Spirit, but this does not make Reiki and Jyorei identical, just as it does not make apples and oranges the same, either. As a glass prism refracts light into a spectrum of diverse colors, so too, does Spirit manifest in a variety of energies and forms. Before hitting the prism, the light is pure and undifferentiated, whereas afterwards it takes on various qualities of this world, such as color and shape. At the level of appearances, there is always diversity, whereas at the level of Spirit there are none. Also, many people who have experienced both forms of healing report that the energies of Jyorei and Reiki feel different from each other.

Not only does the type or quality of energy used by Jyorei and Reiki differ from each other, but so, too, do their techniques. According to our understanding, Reiki practitioners visualize various symbols while transmitting energy, plus they are allowed to touch the recipient. Jyorei does neither. Also, the set of points on the body that Reiki directs energy to differ from those that Jyorei focuses on.

The ideal motive for sharing Jyorei is the pure desire to alleviate suffering and to help make the world a better place. Jyorei practitioners are altruistic, with a strong desire to help humanity. They never charge money for their services, unlike many other healers. Jyorei is always given freely and unconditionally.

Despite the various differences between Jyorei and other forms of spiritual healing, many Reiki practitioners and other types of healers are also dedicated to serving humanity, and therefore we support them in their mission.

Although Jyorei is universally beneficial, it does not empower harmful microorganisms within the body, such as parasites, yeast, bacteria, or viruses. Jyorei might possibly strengthen these organisms if they were to be isolated on a Petri Dish in a laboratory, but Jyorei will not do so when they inhabit the interior of someone's body. This is because life is a hierarchy composed of increasingly complex biological structures: cells are composed of colonies of molecules, internal organs are composed of collections of cells, and bodies are composed of groups of internal organs. The needs of the larger and more complex structures generally supercede the needs of the smaller and simpler structures. Thus, the body, being the largest organism within this biological hierarchy, makes use of Jyorei to strengthen itself and to inhibit harmful microorganisms while simultaneously promoting the growth of friendly microorganisms. In all cases, the smaller become subservient to the larger, not the other way around. Similarly, the interior organs, as they become stronger, begin to work more harmoniously with each other to support the overall functioning of the body.

Meishusama claimed that he received the power of Jyorei from Kannon, the Japanese name for the popular Buddhist deity of compassion, who instilled a mysterious orb of golden Light within his abdomen. (Some refer to this deity by the Chinese name of Kwan Yin.) This was the immediate source of power for Meishusama and his disciples. Jyorei is a gift from Kannon to Meishusama and to humanity.

I have in my body a Ball of Light about two inches in diameter. This has been witnessed by more than one person. Infinitely powerful Light waves are given out by this Ball. The fundamental source of the Light energy of the Ball is to be found in the spiritual world. The Orb of Kannon constantly and infinitely replenishes this Ball's Power with Divine Light rays that are directed at me. This is the power of Kannon, the mysterious Power, the *Myochiriki*, as it is often called. This Ball is the same as that borne by Nyoirin Kannon. – *The Principles of Jyorei. HT*

Kannon can be viewed as an outward expression of God—specifically His power of compassion. An analogy would be the flames at the perimeter of the sun that are distinct from the sun itself while simultaneously remaining an integral part of its overall body. The flames are a part of the sun but not the sun itself—the same but different. Understood in this way, Jyorei can be described as originating from both God and Kannon, who are inwardly the same although outwardly different. Although there are numerous images of God, the reality all of behind them is identical. It is the mind's identification with various names and forms that creates the illusion of multiplicity.

Although the source of Jyorei is a divine mystery beyond human understanding, the way it functions can be partially explained in terms of the three symbolic elements: fire, the power of heat and expansion; water, the power of fluidity and movement; and earth, the power of coldness and contraction. The energy of Jyorei is primarily composed of fire, which melts and dissolves toxins, and secondarily of water, which flushes the liquefied toxins out of the body. When one gives Jyorei to another, its power first passes through the physical body of the giver and then penetrates the physical body of the recipient. Through this process, the element of earth, which is inherent in the human body, is integrated with the energy of Jyorei, resulting in the combination of the three elements of fire, water, and earth operating in dynamic unison. The earth also symbolizes the solid, tangible results that can be felt in the mind, in the body, and in one's interpersonal relationships.

When these three elements are mixed together, power or energy is created.

– The Spirit of Fire, The Spirit of Water and The Spirit of Earth. HT

For most of us, these various subtle distinctions are not so important to focus on. What is significant is the spiritual source of Jyorei—the boundless wellspring of energy that is beyond our limited world of observable phenomena. Jyorei comes from the infinite vibration that is Spirit itself.